

EATA Student Delegation Conference Call Agenda
Wednesday, June 13, 2018
9:00pm

I. Call to Order: Cassidy Sirois at 9:03pm

II. Attendance: Morgan Adams

A. Present-

- a. Cassidy Sirois (ME)
- b. Morgan Adams (NY)
- c. Molly Zabilowicz (DE)
- d. Antonia Ciccarelli (NY)
- e. Jennifer (Jen) Gordon (NY)
- f. Emily Guay (NH)
- g. Colleen Joyce (VT)
- h. Maddison (Maddie) Miller (PA)
- i. Mary Mundrane

B. Absent

- a. Jessica Kerr (PA)
- b. Kevin Block (CT)
- c. Kimberly (Kim) Plane (NJ)
- d. John Hauth

III. Congratulations to our New Delegation Board

A. President – Cassidy Sirois

B. Secretary – Morgan Adams

C. Treasurer – Molly Zabilowicz

D. Student Program Chair – Antonia Ciccarelli

E. NATA Liaison – Jennifer Gordon

F. Student Webmaster – Jessica Kerr

CONGRATS!!!

IV. Review of Purpose for this Conference Call (Cassidy)

A. Discussion of 2018 Program and consolidate our speaker list

V. Conference 2018 Updates for Certified Program and Student Program: John Hauth

A. Mary presented secondary to John not on call. Mary and John had discussed that this was a smaller venue (compared to previous years/locations) but were relieved to learn that we now have 2 buildings for all of EATA (originally thought it was only 1). It is now

verified that we have a hotel and casino (~8 minute walk between the locations), certified in casino and conference space of hotel for us, which means 2 rooms, therefore 2 workshops on Sunday at the same time.

B. Continuing to look for options for younger delegates (those who can't gamble in the casino), have a walking distance mall.

C. Students can always go to the Certified program, and vice versa.

VI. 2018 Student Program Discussion and Ideas (Valley Forge): Antonia Ciccarelli and Mary Mundrane-Zweiacher

A. **Lectures:** narrow down list to ~7-10 choices to vote on, need 3 lecture presentations for conference.

1. I've attached at the bottom of this document a revised version of our previous topic ideas as well as the general information from the discussion we had surrounding that topic, Mary and Cassidy will be providing an official voting ballot in the next week or so.

B. **Workshops:** 2 rooms are available, need 2 possible presenters for this

1. Vote should occur regarding the layout of our workshops on Sunday morning:

a. Option 1: 2 rooms, 2 different workshops at the same time

b. Option 2: 2 rooms, different lecture in each room, after 1 hour the presenters switch rooms. Allows everyone to get both workshops

c. Option 3: separate students by age/class

C. **Stories from the Sidelines:** This is a panel who can either just start talking about the designated topic, or you ask questions as a group.

1. Still looking for some additional ideas for this interactive group discussion....see possibilities below

D. **Jeff Stone Service Award:**

1. for someone who is known for their service for EATA, receive plaque but don't present. Think of who in your programs or you have met who have greatly influenced your growth as an athletic trainer through their service.

2. No decisions needed until end of summer/September

E. **Jim Thornton Keynote Address:**

1. Speaking position (50 minutes).

2. No decisions needed until end of summer/September

F. **Leadership Forum (will be headed by Jennifer Gordon):**

1. We are anticipating same format as last year, will discuss further in future calls.

VII. Old Business

A. Collection of Curriculum Data

1. Please send your programs new curriculum calendars for the master's program as well as ideas/opinions regarding when delegates should be brought into the delegation to Mary and she will compile them. One has been received so far.

VIII. New Business

A. Social Media – Jessica Kerr

1. Jessica will be working with Mike Goldenberg to help build our social media following

IX. Next Conference Call

A. Around when we go back to school--first week of September

B. We will be doing a lot of communication via email.

C. PLEASE BE SURE YOU PROVIDE CONTACT INFORMATION IF YOUR CURRENT EMAIL WILL NOT BE AVAILABE TO YOU THIS SUMMER.

X. Closing Remarks

A. Continue providing new ideas to Mary or any of the officers. As well as any new information or questions.

B. Keep an eye on your inboxes for further voting information

C. Have a great summer everyone!!

XI. Additional Notes:

A. 2 people will be taking over Mary's position although they have not yet been approved by the EATA Board. They should be joining on our first Fall call in September.

Conference Call closed at 10:40pm

Possibilities for 2019 Program

A. Lectures- Saturday 8am-11am (Items in red are being removed from the list)

1. Pediatric concussions- *part of EATA Certified, discussed that even though last year was full of concussions, pediatric would provide another dimension.*

2. Ed Strapp– athletic trainer/flight paramedic / (with flight nurse, Molly's mom (Maryann Rock))- *still trying to decide if this would be better done as a lecture or as a workshop.*

3. Trauma in Sport- *part of EATA Certified. General consensus believed it was too general.*

4. Preventative Medicine / Biomechanics- *Felt that it was too general as well as too similar to other options like gait analysis and prevention. Also believed it would be better in a laboratory setting*
5. Gait Analysis and Prevention- *Could be very interesting, still unsure on who would present and whether the workshop environment would be more interesting.*
6. "Prehab"- *too general of a topic*
7. Possible pharmacology (Deanna Errico) – opioids, prevention of opioid abuse- *someone (Jennifer Gordon I believe) had recently seen her lecture on this topic, explained that it was full of general information for the first hour, then she was cut-off before she could get into depth on the opioids discussion. Most agreed if she could shorten the lecture it would make a good addition.*
8. Strength and Conditioning (Mike Boyle)- *Mary explained how hands on this lecture is, everyone will be out of their chairs jumping and moving.*
9. Avoiding plagiarism in writing papers (Jeff Konin)- *We need to leave this as a choice secondary to John Hauth's recommendation. He is also a friend of Mary's but none of that should influence our vote. 😊*
10. Return to sport decision making- *many felt this was not only broad, but something we encounter regularly during clinical experiences. Also might become more of a "story time" for the presenter rather than an informative lecture.*
11. Positional Release Therapy – Dr. Paula Turocy and Dr. Regis Turocy- *many agreed that this would work much better as a workshop*
12. Maryann Rock (Molly's mom) - *lecture class about flight nursing and emergency air-care- both repetitive and felt that an AT should be included in this lecture, so should just leave it to the first option and the workshop.*
13. Virtual reality in rehab (Molly)- *Molly had some peers present on this topic and it sounded very interesting. Mary also added the concept of neuroplasticity in injury recovery, both of which sounded interesting and new to the field.*
14. Different options for Master's degrees or other grad school options for new ATs out of undergrad. ... guidance in choosing and considering graduate school programs, GA positions vs working and taking a masters online somewhere, or just figuring out what to study in grad school. (Antonia)- *Discussed if this would be better as a panel discussion with both people who chose a Masters in AT or a Masters in a related field and how it altered their experiences.*
15. Nutrition (Cassidy)- *We decided this might be too broad of a topic to make it to the vote.*
16. PRI (postural restoration) - Michael Mullin (Cassidy)- *Cassidy explained that she had seen Michael Mullin's lecture on this topic previously. Essentially, postural restoration is an examination technique where ones breathing patterns and "how they hold themselves" are evaluated to notice asymmetries and to evaluate how a simple adjustment may affect their athletic performance or help injury recovery.*

She mentioned that his topic could also be in the workshop portion, as the lecture she experienced involved evaluating others and some hands-on work.

17. Substance abuse brief intervention and referral for treatment (SBIRT) training. (Cassidy)- we agreed that this topic is very similar to that of Deanna Errico, so if she is able to present more information on this topic in the allotted time she would likely be the better option

B. Workshops

1. Emergency management and airway management – Ed Strapp (maybe with Molly’s mom??)
2. Gait Analysis
3. Positional Release Therapy (Jess K.)
- 4. Kinesiotaping**
- 5. Soft tissue mobilization tools (Hawk grips/Graston)- This was removed largely due to the difficulty in finding enough product to have a large group practice these techniques.**
6. Mock interview process- *we discussed that this workshop might be a great option during the free time on Saturday from 2-3. It would allow for students of all ages to be able to attend as well as remain optional to everyone, as some might not be interested.*
7. Strength and Conditioning (Mike Boyle)
8. Functional Movement Screens (Brian Catania)
9. *PRI- Michael Mullin*

C. Stories from the Sidelines Themes

1. Difficult cases and how you dealt- *this topic could be with the Hall of Fame inductees, who we believe would have some amazing stories and have little trouble finding material to discuss.*
2. GA or 1st year presenters- *This discussion would be interesting for those who are about to begin their professional careers. The only downside we noted was that the group might need more questions to prompt discussion, as they are still new to the AT world.*
3. *Alternative Job Setting- This topic was added during the call, it would involve professionals from many different settings explaining all that their settings have to offer and their experiences.*
4. **We are still looking for additional ideas for this category**

Respectfully Submitted,

Morgan Adams
EATA Student Delegation Secretary