

# EATA Student Delegation Conference Call Minutes

June 7, 2017

Wednesday, 9:00pm

## I. Call to Order: Dolci Wagner at 9:05PM

## II. Attendance: Brianna Thorburn

### A. Present

1. Dolci Wagner
2. Brianna Thorburn
3. Andrew Meister
4. Molly Zabilowicz
5. Paige McHenry
6. Jeagar Bailey
7. Liz Cieszko
8. Bri Ferullo
9. Madie DiBona
10. Jessica Kerr
11. Antonia Ciccarelli
12. John Hauth
13. Mary Mundrane-Zweiacher

### B. Absent

1. Maine Delegate

## III. Review of Purpose for this Conference Call (Dolci)

### A. Discussion of 2018 Program and consolidate our speaker list

1. Our goal is to try and have the 2018 Student Program by the end of June so this Call is to consolidate the speaker choices that the Delegates have sent in and Mary has received so that Delegates can get a voting list.
2. Delegates will then vote
3. This still may not be the Final Program depending on finding an appropriate speaker, logistics, etc

## IV. Loss of Maine Delegate (Mary Mundrane-Zweiacher)

- A. The Maine Delegate, Samantha Smith, has changed her major at UNE so she no longer fits the criteria as a Delegate. Tim Weston (D1 District Director) and the Maine State President are working to get a new one. They are aware that we are hoping to fill this soon so that Delegate can be part of planning the 2018 Program.

## V. 2018 Conference Discussion for Certified Program and Student Program: John Hauth

### A. John said the EATA Board discussed a few ideas regarding the Student Program

1. Having students go to some presentations in the Certified Program instead of having separate student speaker
  - a. Mary brought up several points:

- the Student Program Format was started to increase student attendance, student interaction with other schools, and to increase ownership of the Delegation for the Program. This has been quite successful with continued growth in student attendance.
  - Student have always been allowed to attend Certified sessions and is common with Senior and graduate students
  - several comments from student attendees in January indicated that they would like to be able to attend the Certified Workshops and they realized they would have to pay for those like Certified – perhaps we can add that this year
  - we did have a surgeon speak to us from the Certified Program and some attendees felt it was over their heads as students
2. John also mentioned that the EATA Board thought it would helpful in shortening the EATA Banquet by adding the Pinky Newell Address to the Student Program on Saturday
- a. Mary reviewed that the Student Program is pretty tight especially since adding the EATA Leadership Panel Saturday afternoon which was very well received and the Delegates intend to keep it in the Program. The general format for the Saturday sessions is 3 lectures/Stories from the Sidelines/Jeff Stone Service Award/James Thornton Keynote Address. There are short breaks but no actual food break until 1:00pm. Bob O'Malley has established with vendors in the Exhibit Hall that 1:00 to 3:00pm is student-time. Then we have the EATA Leadership Panel at 3:00pm and Delegates/students are encouraged to be at their State Meetings at 4:00pm. There is barely time for the students to eat and we sometimes lose students in the middle because of that. One idea is to have a Student Luncheon on Saturday that we had in the early years and have the Keynote Address during this time.

## VI. 2018 Student Program Discussion and Ideas (Boston): Elizabeth Cieszko and Mary Mundrane-Zweiacher

### A. Lectures

1. Blood flow restriction therapy (Elizabeth)
2. Tom Kaminsky - "Sport-Related Concussion Standard of Care Guidelines that Incorporate the 5th International Consensus Conference on Concussion in Sport (2016) Recommendations"
3. Concussion Panel (brief presentations on several topics – but honorariums are split for the one session)
  - a. Blood sampling to diagnose for concussions (Elizabeth)
  - b. Return to learn
  - c. Return to play
4. Dry Needling (Dolci) – discussion was that we could not do this as a workshop and may be hard to see in a lecture (not sure)
5. Emergency Care situations - Emergency care regarding the best way to spine board an athlete (scoop stretcher, spine board, or lifting directly on to the stretcher -spine injuries (acute management) (state protocols)

6. Military AT – Jaeger Bailey knows an AT who he interviewed with the armed forces athletic training society. He felt it was eye opening AT work in the military and the gentleman is stationed in VA and really promoted the profession in the military
7. Professional AT's – we can move to Stories from the Sidelines
8. Industrial AT's - we can move to Stories from the Sidelines
9. Prosthetics
10. Sport Nutrition (side topic of the female athlete triad and recognizing at risk athletes?) – John Hauth mentioned a presentation in the Certified Program from BU case study of an elite male athlete (Two Voices: An Eating Disorder Recovery Story told by an Elite Male Athlete and his Sports Nutritionist) - Linda Quatromoni (already speaking to Certified Program so will be there)
11. Strategies to bridge the generation gap – Michele Monaco

#### B. Workshops

1. Foot biomechanics, gait, and corrective exercises orthotics for function
  - a. Foot biomechanics and orthotics better as a workshop??
  - b. topics like Subtalar neutral, what the navicular does
  - c. Looking at the whole chain
  - d. Corrective exercises
2. Muscle energy technique/Active release Techniques workshop
3. Sport-Related Concussion Standard (Tom Kaminsky)
4. Standardized Station (role playing as athlete, parent, AD, coach, etc) with correction/assistance - Stacy Walker, PhD, ATC and Kirk Armstrong, EdD, ATC, LAT were the two speakers that lead the Enhancing Leadership Qualities with Standardized Patients lecture at the iLead Conference this February (Bri F.)
5. Casting techniques – after discussion, **taken off the list**
6. Suturing workshop - James Stavitz, MS, LAT, ATC, ROT, Univ. Orthopedics/Ivy Rehab & Sports Med.
  - a. Interesting to keep on and potential to learn
  - b. Especially with the CAATE changes
7. Cupping (Dolci) Mary is going to talk to her friend who is an AT with the US Swim Team and ask her if she feels this could work as a lecture or workshop (**Mary did speak with her friend and she felt it would not work as a lecture unless you had video monitors throughout which we probably would not have. Her friend thought that it would be fine to do as a workshop and students would be able to practice**)
8. Emergency Care (Michelle Monaco and Rob Rehberg)

\*\* SIDE NOTE: Would using google documents to discuss our Program choices be something that would be beneficial? Everyone was good with this.

1. Everyone can access the forum
2. We have a constant flow of ideas
3. Just has to be completed – Dolci volunteered to set it up and Mary would send her the choices we discussed tonight
4. There will still be voting and our goal is to solidify topics by NATA in June so that Mary can communicate with speakers.

5. Dolci set it up during our conference call and sent an e-blast inviting everyone to edit

C. Stories from the Sidelines theme ideas

1. Alternative job settings - industrial, military, professional, physician
2. Athletes who have had significant injuries and how AT's have affected their lives. — an athlete's perspective recovering from an injury and how the ATC affects the athlete and the healing process

D. Jeff Stone Service Award

1. Kathy Laquale was a suggestion
2. Keep thinking of additional recipients

E. Jim Thornton Keynote Address

1. Kathy Laquale was a suggestion
2. Keep thinking of additional recipients

VII. Old Business

- A. Grassroots contest – was won by Endicott College (Brianna Thorburn's school) but she will check to make sure they received their \$200.00 check from EATA

VIII. New Business

A. Social Media

2. Mary: the Delegation has an active Facebook page "EATA Student Members" and we used it several times for our Grassroots Contest but not in the last 2 years — Mary and a past Delegate are administrators. Currently, the primary activities on it are people wanting to join that are outside the US. Mary looks at the profiles to see if there are AT students and if they are not then Mary blocks them. Mary brought up that Andrew is our Webmaster for our EATA website and began the discussion of what do the Delegates want to do with the EATA Facebook page. Andrew felt that it is a good idea to have as many outlets for information as possible and the page could still be useful. John Hauth said that Mike Goldenberg had some thoughts on Facebook. Andrew volunteered to talk to Mike about this since they work together as Webmasters

3. Instagram – Andrew is going to look at this as well and get back to us.

B. Dolci had an idea for the 2018 Student Conference

1. Since students do not have much money and last year there were water coolers but only little glasses...Students would probably appreciate branded EATA water bottles as a giveaway- everyone thought that was a great idea

C. Andrew had an idea to add another competition as well as the Taping Contest — Ice immersion of hands, and then make ice bags which would simulate making ice bags in the cold weather

1. Could be a funny, light event to get bring people together.
2. Tabled for future discussion secondary to time

D. Reminder that we discussed having written criteria for taping contest and we also talked about possibly the Delegation posting a video of the criteria as well

1. Tabled for future discussion secondary to time
- E. John Hauth brought up “Is the taping contest the best evaluative test we do on the Friday night?”
  1. Ankle taping is a skill done in a short amount of time and evaluated quickly
  2. Programs get very excited over it
  3. Mueller has been a great sponsor of the student program and we may lose that
  4. We will discuss this in the future over, but not change this year.

IX. Next Conference Call

- A. Usually the first week of September when everyone is back to school.
  4. There will be a lot of emails in the next few weeks however for Delegates to vote and formulate their Program so please watch for these. LOTS OF EMAIL SO CHECK IT!!
  5. Congratulations to our new Board and to all our Delegates who are filling the other positions that we have!

X. Closing Remarks

- A. Good night everyone and have a great summer!

XI. Adjourned at 10:49pm

Sincerely,  
Brianna Thorburn