PRESENTERS

KEVIN CUMMINGS
Executive Director-
Bay State Games

JEFF STONE
Medical Coordinator-
Bay State Games
BAY STATE GAME HISTORY

• Established 1982
• Wide Age Range
• 7,000+ athletes / 300+ Towns
• 60 Days of Events
• Volunteers
NATIONAL CONGRESS OF STATE GAMES

• 25th anniversary
• 32 member states
• Member USOC Multi Sport Council
• No National Medical Care Standards
• Variety of Coverage Plans
MEDICAL PARTNERS

• Athletic Trainers of Massachusetts (ATOM)
• Children’s Hospital Boston-Sports Medicine
• Boston University-Sports Medicine
• UMass Medical Worcester-Sports Medicine
• Collins Sports Medicine
• Precision Athletic Training
COVERAGE PLAN

• 40 Certified Athletic Trainers
• 30 Physicians/Orthopedic Fellows
• 40 Athletic Training Students
• 5 EMTs
• 3 RNs
STAFF STRUCTURE

LEAD PHYSICIANS
• Dr. Lyle Micheli & Dr. Pierre d’Hemecourt

MEDICAL COORDINATORS
• Chris Troyanos 1982-85
• Jon Dana 1986-88
• Jeff Stone 1989-91
• Ann Italia 1992-93
• Gayle Olsen 1994-97
• Sharon Sharpe 1998-2000
• Frank Mastrangelo 2001
• Diane Sartanowicz 2002-08
• Jeff Stone 2009-Present
RISK LEVELS / COVERAGE

HIGH
Diving
Gymnastics
Ice Hockey
Lacrosse (M&W)
Judo
Wrestling
Track (Pole Vault)

MODERATE
Baseball
Basketball (M&W)
Field Hockey
Soccer (M&W)
Softball
Volleyball (M&W)
Track & Field

LOW
Archery
Fencing
Badminton
Shooting
Swimming
Synch. Swimming
Table Tennis/ Tennis

SPORTS COVERAGE LEVELS
Medical Doctor
Certified Athletic Trainer
Registered Nurse
Certified Athletic Trainer
Athletic Training Student
EMT
EMT
EMT
PHYSICIAN ASSIGNMENTS

Children’s Hospital: Wentworth (Basketball, Lacrosse)
Dept. of Sports Medicine Emmanuel (Basketball)
Reggie Lewis (Basketball)
Regis (Track-PV)
Harvard (Diving)
Waltham HS (FH, Soccer)

BU Medical Sports Medicine: UMass-Boston (Wrestling, Wt. Lifting, Judo)

UMass Worcester- Marlboro (Ice Hockey)
Sports Medicine Devens (7v7 Soccer)
MEDICAL VOLUNTEER RECRUITMENT

• Athletic Trainers of Massachusetts (ATOM)
• EATA & NATA
• NE Colleges- NATA ATEP Curriculum Coordinators
• Hospitals w/ Sports Med. Concentration
• BSG General Network
• Conferences & Tradeshows
VOLUNTEER INCENTIVES

• Apparel
• Food & Drink
• Student Hours toward credit
• Mentoring Opportunities
• Medical Conference
• CEU’s
FORMS & PUBLICATIONS

- Medical Notebook (Medical Staff)
- Site Director’s Notebook (Volunteer Staff)
- Coaches Manual (Coaches)
- Finalist Packet (Athletes & Parents)
- Return to Play Form
- Injury Report Form/ Refuse Medical Care
POLICIES & PROCEDURES

• Concussion Policy
• Return to Play
• Medical Follow Up
• Catastrophic Plan
• AED Protocol
• Ambulance Transport
• Venue EAP’s
GENERAL ISSUES

• Insurance
• Permission to Treat
• Competition Rule Enforcement
• Communication
• PR Guidelines on injuries (HIPPA)
• Sponsor Issues (Red Bull)
• Medical Follow-up
• Service Offerings vs Participant age
COMPETITION ISSUES

• Heat
• Rain
• Lightning (lStrike)
• Turf vs. Natural Surfaces
• Venue Equipment
• Participant Equipment
• Chain of Command in Emergencies

(Official, Athletic Training Staff, Games Organizers)
SUPPLIES & EQUIPMENT

- Medical Kits
- Suture Kits
- Coolers/Cups
- Water & Ice
- AEDs
- Asthmatic Inhalers/ Epi-Pens
- Crutches & Cryocuffs
Injury Statistics 2009-2011

3-Year Compilation of Injuries
23 sports with Medical Coverage
(on-site Medical Presence)

Documented Injury Report
<table>
<thead>
<tr>
<th>Injury Category</th>
<th>Sport</th>
<th>Team</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ankle/Foot (34)</td>
<td>7v7 Soccer</td>
<td>Girls Soccer</td>
<td>6v6 FH</td>
</tr>
<tr>
<td>Concussions (31)</td>
<td>Wrestling</td>
<td>B Hockey</td>
<td>B Lacrosse</td>
</tr>
<tr>
<td>Face (E-E-N-T) (25)</td>
<td>B Hockey</td>
<td>Wrestling</td>
<td>6v6 FH</td>
</tr>
<tr>
<td>Shoulder (22)</td>
<td>B Hockey</td>
<td>Wrestling</td>
<td>Jr Bsk</td>
</tr>
<tr>
<td>Hand/Wrist/Thumb (19)</td>
<td>Field Hockey</td>
<td>G Bsk</td>
<td>6v6 FH</td>
</tr>
<tr>
<td>Knee (15)</td>
<td>7v7 Soccer</td>
<td>B Hockey</td>
<td>6v6 FH</td>
</tr>
<tr>
<td>Elbow (12)</td>
<td>B Basketball</td>
<td>B Lax</td>
<td>G Soccer</td>
</tr>
<tr>
<td>Upper Leg/Hip (11)</td>
<td>Track &amp; Field</td>
<td>B Hockey</td>
<td>B Soccer</td>
</tr>
<tr>
<td>Lower Leg/Shin (11)</td>
<td>Track &amp; Field</td>
<td>G Soccer</td>
<td></td>
</tr>
<tr>
<td>Neck (Cervical) (9)</td>
<td>B Hockey</td>
<td>Wrestling</td>
<td></td>
</tr>
</tbody>
</table>
To
Volunteer
For the
2012
Bay State Games
Go to www.baystategames.org
Or
Call 781-932-6555