“IF”
LEADERSHIP AND
ATHLETIC TRAINING

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IF
by Rudyard Kipling

If you can keep your head when all about you
Are losing theirs and blaming it on you;

“You know, you have really disappointed me…”
If you can trust yourself when all men (and women) doubt you,

But make allowance for their doubting too;
IF

If you can wait and not be tired by waiting,
IF

Or being lied about, don’t deal in lies,
Or being hated, don’t give way to hating,

“You don’t know your a** from apple butter...”
And yet don’t look too good, nor talk too wise:
IF

If you can dream – and not make dreams your master;

If you can think – and not make thoughts your aim;
IF

If you can meet with Triumph and Disaster
And treat those two imposters just the same;
If you can bear to hear the truth you’ve spoken
Twisted by knaves to make a trap for fools,
IF

Or watch the things you gave your life to, broken,
And stoop and build ‘em up with worn-out tools;
IF

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breath a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: “Hold on!”
If you can walk with crowds and keep your virtue,
Or walk with kings – nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds’ worth of distance run -
IF

Yours is the earth and everything that’s in it,
And – which is more – you’ll be a Woman or Man
(leader in athletic training) – my (daughters) and son(s)!

Rudyard Kipling
The Ideal NATA Leader

• Apathy? How many complain of apathy amongst our friends but do not do their part
  • Elections
  • Issues – advocacy
  • Opportunities – town hall meetings
The Ideal NATA Leader

- Evidence-Based Practice – Good from Bad

- Degree Task Force - Vision
The Ideal NATA Leader

• Personal Qualities:

  • Curious

  • Initiative

  • Respect for others

  • Passion for the profession
The Ideal NATA Leader

• Qualifications:

  • *Devotes time required*

  • *Stays current with the issues*

  • *Demonstrates an open mind, welcoming innovation*
The Ideal NATA Leader

• Effectiveness as a member:
  
  • **Responds in a timely manner**

  • **Arrives prepared**

  • **Completes assignments in a timely manner**

  • **Is empathetic**
The Ideal NATA Leader

• Leadership as a member:

  • Respected in the professional community
  • Professionally confident and a role model for younger members
  • Adaptable
  • Welcomes diverse opinions and perspectives
Leadership
The Kimmel Factors

Being a problem solver, not a problem finder.
Leadership
The Kimmel Factors
A leader is a selfless person who works for the common good.
Leadership
The Kimmel Factors

A leader sees solutions before many can even see the problem.
Leadership
The Kimmel Factors

A leader cares enough to do the work without concern for credit.
Leadership
The Kimmel Factors
A leader can see beyond the horizon, see a way there, and get others to come along.
Leadership
The Kimmel Factors

• You’re right, I’m wrong…
Leadership

The Kimmel Factors

• Is this a hill I am willing to die on?
Free Advice

• Get involved – school, state, district, national
• When you volunteer, do the job
• Don’t be disappointed if your first tries do not bear fruit
• Meet people – do not be bashful
• NATA Committee Work
Free Advice

• Find a mentor – be a mentor
• Establish a relationship
  • Phone
  • Mail
  • Meetings
• Listen more than you talk
• Look people in the eyes
• Care about what is being said
• Be sincere
Thank you!