

EATA 2020 Student Program



**Foxwoods Resort and Casino
Mashantucket, CT**

Friday, January 10, 2020

- 2:00 PM – 8:00 PM **Conference Registration**
Pre-Function/Registration Area
- 6:00 PM – 7:00 PM ★ **Stories From the Sidelines: Difficult Cases**
Premier Ballroom EF
- Free Communications**
Premier Ballroom C
- 7:00 PM – 7:30 PM **Quiz Bowl Meeting**
Premier Ballroom EF
- 8:00 PM – 10:00 PM **Student Quiz Bowl**
Premier Ballroom EF
- *District 1 will compete first, then District 2*



*This star indicates that this is a
joint session for general and
student members*

Saturday, January 11, 2020

All lectures on Saturday will be held in the Premier Ballroom EF (1st floor)

- 7:00 AM – 4:00 PM **Conference Registration**
Pre-Function/Registration Area
- 6:30 AM – 7:45 AM **Breakfast – “On Your Own”**
- 7:45 AM – 8:00 AM **Welcome Address**
Rachel Geoghegan, MHRD, ATC
Advisor, EATA Student Delegation
Student Program Chair – Emily Guay
- 8:00 AM – 8:50 AM **James L. Thornton Keynote Address: Building Your Brand: Marketing Yourself For the Next “Big Step”**
Presented by: Jaclyn Morrissette, PhD, ATC

As a student, getting through an athletic training program can be very stressful and overwhelming. From getting into the program, completing the course work, developing your skills at clinicals, and preparing for the BOC. When all of that is completed the next challenging task is what to do next. New graduates end up

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competing for graduate assistantships, internships, and jobs with many other students who are also new graduates. These positions are highly competitive and since many of the jobs new graduates are competing for are against other new graduates who all have similar entry-level education. What makes you stand out from the next new graduate whose resume is under yours in the review pile? Have you been setting yourself up for success when it comes to the next step?

9:00 AM – 10:00 AM **Poster Presentations for Undergraduate Students**
Pre-Function 2

9:00 AM – 9:50 AM ★ **The Athletic Trainer as an Injury Spotter in Collision Sports**
Presented by: Neil Curtis, EdD, LAT, ATC
Joseph A. Iezzi, MS, LAT, ATC

Most athletic trainers have experienced the hectic experience of identifying acute injuries on the sidelines of a collision sport. With the likelihood of multiple athletes sustaining injuries in short time frames, the immediate recognition of potential injuries is essential. In an effort to improve player health and safety, the NFL, NHL, NCAA colleges and other professional organizations have recently utilized “injury spotters” to assist the sports medicine professionals on the sidelines in identifying players with potential injuries. The athletic trainer is uniquely qualified to serve in this role. We will present the role of an athletic trainer serving in this capacity and how this has contributed to the improvement of clinical diagnosis and evaluation of acute injury and player health and safety.

10:00 AM – 10:50 AM ★ **Sports Nutrition for Athletes**
Presented by: Damon Amato, MS, LAT, CSCS

Sports nutrition can be a difficult subject to navigate for athletic trainers, especially with all the misinformation available, even from institution-employed dietitians. If athletic trainers can disseminate just a few aspects of this information to athletes, they will be able to maneuver around difficult situations with ease.

11:00 AM – 12:50 PM **Lunch & Visit Exhibit Hall**
*There will be food for purchase outside Premier Ballroom EF with eating area in Premier Ballroom GH

1:00 PM – 2:00 PM **Poster Presentations for Professional Students**
Pre-Function 2

1:00 PM – 1:50 PM **Becoming a Valued Employee: An Employer’s Perspective**
Presented by: Katherine Dieringer, EdD, LAT, ATC

As newly credentialed professionals enter the workforce, they are faced with many new challenges. As time passes, they will experience annual reviews, raise and promotion requests, and salary negotiation. To better prepare that professional for these experiences, this presentation will provide the AT with strategies to become the

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valued employee every employer wants to retain, reward and invest in. Regardless of setting, to build the growth potential in your job, ATs must take control of their own destiny. Becoming a valuable clinician begins immediately upon hire—your employer invests in you as an employee; how do you invest in yourself and your future with that employer? From an employer’s perspective, the presentation will explore such topics as: traits employers look for in a valued employee, steps the AT can take to become that employee, strategies to build your own employee value, strategies for salary and raise negotiation and value documentation.

2:00 PM – 2:50 PM ★ **Implementing Best-Practice Policies & Procedures: The How to Guide**
Presented by: Samantha Scarneo-Miller PhD, ATC

Several position statements define the need for comprehensive best-practice policies for the benefit of athletes, however, there is a lack of understanding from students as to how to implement these policies. The primary objective of this presentation will be to enhance understanding and ability to create policies to implement in the real-world setting. Participants will be able to identify what written best practices should be implemented in their work setting. Further, we will demonstrate different resources to utilize to help attendees identify where to start when writing policy and how to use these resources to mold the policy to be specific to their setting. Secondly, this presentation will aim to assist in the identification of barriers and facilitators affecting implementation, specifically in the secondary school setting. Participants will be able to classify the typical facilitators and barriers identified through this investigation and apply the findings to their own settings.

3:00 PM – 3:50 PM ★ **William E. “Pinky” Newell Address**
Presented by: Denise Fandel, MBA, CAE, AT Retired

4:00 PM – 5:00 PM	★ State Meetings	Location
	Connecticut	Premier GH
	Delaware	Encore AB
	Massachusetts	Celebrity A
	Maine	Celebrity D
	New Hampshire	Celebrity FG
	New Jersey	Premier A
	New York	Premier C
	Pennsylvania	Premier EF
	Rhode Island	Celebrity J
	Vermont	Celebrity HI

6:00 PM – 7:00 PM **EATA Reception**
Pre-Function/Registration Area

7:00 PM – 9:00 PM **EATA Banquet**
Jeffrey Stone Service Award will be presented during the EATA Banquet
Celebrity Ballroom ABCDE

9:00 PM – 12:00 AM **Collins Reception**
Premier Ballroom BD

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Sunday, January 12, 2020

8:00 AM – 8:50 AM

Workshop – Cover Letter and Resume Writing Workshop

Presented by: Tim Weston, Med, ATC
Premier Ballroom EF

Effective cover letter and resume creation can often be a challenge for AT students. Due to time constraints with academics and BOC exam studying these two documents can often take a back seat to both time and overall effort. This course will assist in the overall development and creation of these two critically important professional job application documents. This course will also inform AT students with what employers are looking for when reviewing job application documents.

9:00 AM – 9:50 AM



The Missing Link: Integrating Emotional Intelligence Skills into Curriculum, Clinical Practice, and Leadership

Presented by: Kevin Silva, MSAT, ATC
Premier Ballroom EF

During the mid-1990s, Emotional intelligence (EI) became widely popularized as fundamental skills correlated with performance, job satisfaction, conflict resolution, leadership, and interpersonal decision-making. EI has been defined as a set of skills that allows an individual to recognize emotions, discriminate among them, and use them to guide behavior and manage relationships. Despite expanding research across healthcare disciplines, athletic trainers have not yet examined the impact of EI on education, clinical practice, or leadership. The purpose of this presentation is to demonstrate the role of EI skills and provide students with strategies to integrate EI skills into education, clinical practice, and leadership. This presentation will focus on defining the various models of EI and the instruments used to assess EI skills. It will also provide students with applicable strategies to recognize EI skills and reflect, analyze, develop, and create actions steps. Through audience engagement and discussion, this presentation will demonstrate how students can utilize EI skills and integrate them into curriculum, patient care, and leadership in athletic training.

10:00 AM - 11:30 PM



District Meetings

District 1 Membership Meeting
District 2 Membership Meeting

Location

Premier Ballroom C
Premier Ballroom A

11:30 AM – 12:00 PM



EATA Business Meeting

Premier Ballroom C

12:00 PM – 1:15 PM

Lunch

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1: 15 PM – 2:00 PM

Research/Leadership Roundtable Discussion

Presented by: Jeffrey B. Driban, PhD, ATC, CSCS

Marjorie A. King, PhD, ATC, PT, FACSM

R Mark Laursen, MS, ATC

Premier Ballroom EF